

## **YMCA of Greater Brandywine**

# Before and After School Enrichment (BASE)

# Family Handbook 2024

#### **YMCA Mission**

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

The YMCA of Greater Brandywine Before and After School Enrichment (BASE) is held in the safe, secure and familiar setting of your child's school or YMCA.

We are committed to each child's development by cultivating relationships with families, children, the school professional, and the community we serve.

Updated and reviewed 2/2024

#### Dear YMCA BASE Family,

Thank you for enrolling your child in our YMCA Before & After School Enrichment (BASE) program for the 2023-2024 school year! We are pleased to offer a wide variety of exciting and enriching programs for you and your family. BASE programs are designed to engage children before and after school in safe, fun, despised learning opportunities! Through carefully constructed planning, the BASE team will help your child:

- Develop self-confidence and gain independence
- Communicate using core values of caring, honesty, respect, and responsibility
- Create lasting friendships and lifelong memories
- Engage in enriching activities to enhance academic learning and success
- Expand learning and exploration in a supportive environment
- Increase resiliency through fun and healthy activities each day

Positive relationships among children, teachers, and parents/guardians are critical for each child's healthy development and social growth. The YMCA teachers are trained to engage each child in activities and interactions every day. The YMCA quality BASE programing includes expectations for teacher to enthusiastically converse with children using warmth, patience, understanding, and fairness. In addition teachers are:

- Responsive to children's feelings, needs, cultures, abilities, and home languages
- Encourage leadership skills by offering ideas to expand or enrich an activity and suggest and initiate new activities
- Allow children as a key part of learning to make and learn from their own mistakes

We know the children look to Y teachers as role models, watching and learning as they cooperate, communicate and solve problems with each other. We are excited about your interest in joining us for the 2023-2024 school year as a part of our Y-Care programs. If we can answer any questions for you, please do not hesitate to call your local YMCA. We look forward to having you as part of our Y family! To reach the director for your programing, or to learn more about our locations served, hours of operation and more, please visit our website at <a href="mailto:Before & After School Enrichment">Before & After School Enrichment</a> | YMCA of Greater Brandywine (ymcagbw.org)

#### Sincerely,

Claudia Aust, Sr. Association Director of Before and After School Enrichment (610) 643-9622 ext. 2157 caust@ymcagbw.org

Guillermina Rios
Association Director of Childcare/Camp Administration
(610) 643-9622 ext. 2104
Grios@ymcaqbw.org

Childcare Admin Team (610) 643-9622 Ext. 2190 childcareadmin@ymcagbw.org

#### PARTNERING WITH YOU

At the Y we strive to provide you with timely and relevant information about our programs, engaging you as a partner in your child's success. This includes bi-annual satisfaction surveys, twice yearly conferences, monthly newsletters and daily informal communication. To best support you and your family at our Y, we ask that you share with us information educational or personal about your child that can enhance their YMCA experience and daily success. We also thank you for providing suggestions and feedback about the BASE programs at any time. The YMCA BASE Team invites parents/guardians to be engaged in our programs by attending special events and family nights throughout the year and in suggesting content/curriculum ideas for programing. Finally, should you as a family wish to share special traditions about your family's heritage, our team would be grateful to work with you in preparing a special event with you!

#### YMCA OF GREATER BRANDYWINE MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

The YMCA of Greater Brandywine is committed to a value-based character development curriculum. Teaching of the following core values is incorporated into all youth activities:

## YMCA CORE VALUES

**Caring:** Interest and concern - including compassion, friendliness, generosity, kindness, love, mercy.

**Honesty**: Fairness of conduct and adherence to facts - including sincerity, truthfulness, honor, tact, forgiveness, moderation, orderliness.

**Respect:** Special regard for others - including assertiveness, consideration, courtesy, gentleness, unity, tolerance, humility.

**Responsibility:** Moral, legal, and mental accountability - including courage, determination, helpfulness, justice, reliability, loyalty, self-discipline, obedience, cleanliness.

## CHARACTER DEVELOPMENT/SOCIAL EMOTIONAL CURRICULUM

The YMCA has purchased the Second Step Curriculum designed for BASE programs which will support discussions, lessons, activities and games to help each child enhance their character development. The Second Step Curriculum was chosen as it was designed specifically for out of school time programs like the YMCA BASE and aligns with YMCA core values. This social emotional curriculum focuses on:

- \*Understanding and managing emptions
- \*Setting and achieving positive goals
- \*Understanding, feeling and showing empathy for self and others
- \*Establishing and maintaining positive relationships
- \*Making responsible decisions

The curriculum works respectively for grades K-6 and has some cross over, the most appropriate curriculum grade will be used for mixed age school sites, and students may work in small groups for lessons which most closely match their grade and developmental stage.



#### **PROGRAM GOALS**

Children in our program will have opportunities to:

- Develop self-confidence and independence.
- Receive academic support/enrichment, including homework help, language arts, math and science experiences.
- Create lasting friendships and lifelong memories.
- Interact with caring, supportive teachers.
- Learn, explore and try new things in a supportive environment.
- Experience activities that promote good health.
- Promote a community environment where parents/guardians and teachers work together to support the whole child and strengthen the family unit.

## NONDISCRIMINATION STATEMENT

All people are welcome at the YMCA regardless of race, sex, national origin, religion, sexual orientation or abilities. Children and parents/guardians who have a limited English language ability can be assisted with the translation of written information or with an interpreter or use of translation platforms. Contact the Program Director or Childcare Administration team to make necessary arrangements. In our efforts to promote an awareness understanding and appreciation of the world around us, lessons about customs and celebrations of other cultures are introduced in our curriculums and we welcome family input and suggestion!

YMCA BASE will reflect and respect the diversity in our community. Religious education is not included in the YMCA curriculum content. The YMCA of Greater Brandywine is committed to providing developmentally and culturally appropriate programming; which respects, reflects, and supports children and families. We work together with the community to cultivate and incorporate an anti-bias approach within our programs, curriculum, and daily planning.

## **INCLUSIVE PRACTICES**

The YMCA of the Greater Brandywine works with all children and families to support a quality and successful experience for all children regardless of differences; behavioral, physical, developmental or cognitive. We collaborate with the parents/guardians, school district teams a child's current intervention team and/or the Chester County Intermediate Unit (CCIU) and our YMCA Behavioral Health Team to provide support as needed. Our goal is to help each student find success. With parents/guardians we can develop a plan to suit each child's individual needs and utilize strategies that can be shared between school and home. When intervention services are in place for a child, we actively solicit partnership so that our approach with your child is consistent. Please also review our accommodations policy.

Children enrolled in our program may have an educational (IEP/IFSP) or behavioral (504) plan or specialized needs care plan provided by an outside agency, and we welcome and encourage partnership with families and agencies to provide a consistent approach to each child's individual needs. We will request to share information with parent permission with all agencies and teams a child works with to best support the needs of the child and the family. It is of the utmost importance that a parent/guardian share care plans, IEP, IFSP or 504 plans with the YMCA so that the best possible care and success can be achieved.

At times, we may recommend further screening or interventions for children so that they are best served in our program and so that all children have every advantage for future success. In collaboration with families, teachers, the YMCA's Board Certified Behavior Analyst (BCBA) and the Behavior Specialists team and experts in our community, resources can be identified. For parents/guardians who may want to

explore these resources independently, please visit the following websites, where help and information is available on a variety of topics: Early Learning Resource Center 19 <a href="https://www.elrc19chesco.org/family-zone">https://www.elrc19chesco.org/family-zone</a> Family Resources of Chester County <a href="https://www.chesco.org/3388/Parent-Resources">https://www.chesco.org/3388/Parent-Resources</a>

## DAILY SIGN-IN/OUT PROCEDURES

- A sign in/out area will be available when you arrive at the site. (Information about this location is provided prior to the start of school from each director)
- Please escort your child to and/or from their YMCA program area using designated sidewalks and crosswalks as needed.
- Please sign your child out with signature and time of pick up each day.
- Your child will only be released to the parent/guardian or other authorized adult listed on the Parental Consent/Emergency Information sheet.
- Please provide a copy of your custody agreement if applicable.
- Identification may be checked daily. Anyone who you have listed as an authorized pick-up person
  will be asked to show picture identification at time of child pick-up. While we know it can be
  inconvenient to show your ID every day, we appreciate your support of our teachers in helping to
  keep your children safe. Please upload photos of parents/guardians and authorized pick up persons
  in ePact.
- For the safety of your child, we will not release your child to anyone who appears to be under the influence of drugs and/or alcohol.
- Pick up your child on time each day. If an emergency arises and you are unable to arrive before closing, call the teachers to inform them of your progress.

Please be advised that if an adult who is not on the pick-up list comes for your child, we will not be able to release your child to that person, even if the child recognizes that person. **All persons signing out children must be at least 18 years of age** and your child may not sign themselves in or out of our program.

## **EMERGENCY PICK-UP SITUATIONS**

In an emergency a child may be released to an individual upon the oral designation of the parent/guardian, if the identity of the individual can be verified (PA Code 3270.117).

The site teachers must call the parent back via one of the telephone numbers listed on the child's contact information form to verify the parent in fact called and provided an alternate pick up person

If the parent answers and confirms that they made the request, our teachers will log the following information:

- 1. The name of the parent making the request.
- 2. The date and time of the request.
- 3. The name of the individual to whom the child is to be released.
- 4. The name of the teachers person taking the call.
- 5. The name of the teachers person releasing the child.

Please remind the person picking up your child that they will be required to show identification before we can release the child. Unfortunately, we cannot release a child to anyone without proper identification. There are no exceptions.

For the safety of the children we serve, we will not release a child to anyone who appears to be under the influence of drugs and/or alcohol. Should there be any suspicion or concern, teachers will ask for the child

to be transported by another approved adult. If the parent/caregiver refuses to contact someone else, teachers will call the police immediately and not release the child until the police arrive.

ABSENCE OR PARTICIPATION IN OTHER SCHOOL ACTIVITIES

We ask parents/guardians to inform the YMCA teachers in writing any time your child has an extra-curricular activity during program hours. Please be sure to advise your Site Director, in writing, if your child will be joining Before or After School Care later than usual due to participation in any school-based activities such as Girl Scouts, chess club, etc. We will ask the class teachers to bring your child to our program and sign them in. If your child is going to be absent from the Before or After School program, please notify the YMCA via email or phone call. Teachers are required to confirm attendance with the school office should your child not arrive as expected. This takes time away from scheduled activities planned during the program hours.

## TEACHERS RATIOS AND TRAINING

Our YMCA BASE program locations are licensed annually by the Department of Human Services (DHS). We follow all state requirements to provide safe, quality care. This includes asking for updated information from parents/guardian's as part of a child's file.

A teacher to child ratio following state regulations is always maintained. Teacher child ratios cannot be adjusted based on individual needs. Please contact the director with any questions, concerns or needs you feel your child might require to be successful in the program provided. YMCA BASE programs operate most often in large open spaces provided by the schools such as cafeteria's or gymnasiums. Ratio requirements for these spaces are maintained as required.

Our on site leaders have a degree/or at least 30 credit hours in the education or human services field of study and a minimum of one year of experience working with children. Our teachers complete annual inservice training, fire safety training, water safety training, and maintain current certification in pediatric first aid, CPR and child abuse prevention. Teachers attend regularly scheduled training events on classroom management, curriculum and state standards for education, behavior management, effective communication, and much more each year.

Prior to hire and every 5 years thereafter, all teachers must update the following clearances: Pennsylvania Child Abuse History Clearance,
Pennsylvania State Criminal History Clearance,
FBI Check,
National Sex Offender Registry Check
and Out of State clearances for teachers that have lived out of state in the last 5 years.

To make sure your child remains safe outside of the YMCA's supervision and to protect our teachers members and volunteers, we request that you do not ask YMCA employees or volunteers to baby-sit, host sleepovers, or spend one-on-one time with your child outside of YMCA programs. Please do not ask teachers to come in early or stay late as this constitutes babysitting and is against YMCA program policy and school district contracts.

#### REGISTRATION/EPACT

All registrations are due by **August 12th** for the start of the school year and must be completed online through our website. Any registration presented after **August 12th** will be added to a waitlist until a spot opens in the program you have requested.

Forms to be completed are to be completed using the ePact platform:

- Child Care Agreement form
- Draft Authorization form
- Getting to Know You form
- Handbook Acknowledgement and DHS Waiver Signature form
- Student Identification Form

Additionally, required personal information will be collected through ePact, an electronic, secure online system. All information must be submitted before your child's first day. Look for an email inviting you to complete the required online information from <a href="mailto:info@ymcagbw.org">info@ymcagbw.org</a>. This occurs within 24 hours after registration and payments are set up and completed.

- A current physical form, including immunization records, must be **signed by the physician**, and uploaded to ePACT. (form available on ePact)
- An allergy action plan must also be signed by the physician and submitted for children with known allergies. (form available on ePact)
- We also require an up to date photo of your child be uploaded to the site.
- IEP/IFSP/504 or other specialized care plans may also be uploaded to the EPACT system and information regarding your child is requested in an effort to ensure the best outcomes for your child and the YMCA program. We ask that you kindly help us to provide the highest quality by sharing as much information as possible with our team prior to your child's first day.

All information included in the registration materials must be updated immediately as changes occur, and every 6 months as required by state licensing DHS. This includes information collected through EPACT. Childcare services must be temporarily suspended if forms and EPACT information are not on file and up to date.

If you have questions or need assistance with ePACT contact them directly at help@epactnetwork.com or call 1-855-773-7228 ext. 1.

## TUITION/FINANCIAL POLICY

Payment for child care services is due each Sunday, 2weeks prior the week services are delivered.

**Tuition fees are weekly and are based on your child's enrollment in the program and not on attendance.** The parent or guardian is responsible for paying every week via auto-draft to secure placement for your child in the program. Payments not received by the due date will incur a 10% late fee per week per child. Any account delinquent for 5 days or more may result in the suspension of your child's participation privileges. Participation privileges may be restored upon settlement of your account.

Parents/guardians needing assistance resolving their account should contact the Childcare Admin Team at childcareadmin@ymcagbw.org. Tuition reductions are not given for vacations, absences or days when the district is closed. If your child should become ill and not be able to attend the program for an extended period of time; please contact your director; your child's place will be held until the end of the second month of the absence. At the beginning of the third month, we are financially obligated to fill the vacancy. Tuition

is created and divided equally throughout the school year. Days or weeks when the district is closed and the YMCA is not providing regular before or after school programing are factored into the tuition costs and are not removed from regular scheduled payments.

Families are eligible for one discount. The YMCA will help ensure the account reflects the largest of eligible discounts, siblings, teachers or financial assistance. There is a sibling discount for families with 2 or more children in YMCA BASE or Early Learning Centers at the same time. The sibling discount is 10% off the lowest program fee.

At times the YMCA may run promotional offers to reduce tuition costs should a family join the YMCA as a Family Member Unit. To receive these discounts the parent must first join the YMCA as a family unit and then contact the Childcare Administration Team to have their tuition rate(s) updated. Should a family cancel the family membership they should alert the Administration team. Audits are completed to confirm consistent membership standing.

A fee to cover incurred charges will be assessed by the Association office for all returned checks. You will be notified by the member services desk and must bring in a cash payment of the full amount plus the returned check charge. Your child will be temporarily suspended until this balance is cleared. Payments not received by the due date will incur a 10% late fee per week.

### FINANCIAL ASSISTANCE

Financial assistance is available to those families who demonstrate sufficient need and provide the required documentation. Interested families must first contact the Early Learning Resource Center at (866) 262-8565 to see if you qualify for subsidized child care. If you do not qualify with Early Learning Resource/Childcare Works (CCW) or are wait listed, then you may apply for YMCA financial assistance.

You may pick up a Financial Assistance application at the YMCA, or contact your Branch Membership Director. To receive Financial assistance through the YMCA you must be a YMCA Member. Eligibility for financial assistance will be determined upon availability of space and funds, review of the information given and letter of intent. Please allow one or two weeks for the application to be processed. The YMCA of Greater Brandywine reserves the right to deny assistance to any applicant who provides false information or withholds pertinent information relating to need. The level of need is determined by our financial assistance scale, which is available for yearly family incomes less than \$80,000 per year, and written documentation submitted by the applicant. Determinants of ineligibility/termination for financial assistance funds:

- Failure to return completed application and required documentation by due date
- Failure to comply with the terms of the written agreement
- Failure to submit required government documentation by due date
- Carrying a past due balance
- Failure to report any change in financial status
- Presentation of more than one check returned for insufficient funds
- Falsification of any information on financial assistance application
- Failure to provide required paperwork to governmental subsidy programs
- Abuse of services

### CHILD CARE WORKS

The Child Care Works subsidized Child Care Program helps low-income families pay their child care fees. The state and federal governments fund this program, which is managed by the Early Learning Resource Center (ELRC) office located in your county.

If you meet the guidelines:

- The ELRC will pay a part of your child care cost. This is called a subsidy payment.
- You will pay a part of the cost. This is called the family co-pay.
- The subsidy payment and the family copay go directly to the child care program.

NOTE: If your child care subsidy does not pay the full amount that your child care program charges, the provider may ask you to pay the difference between the subsidy payment and their private charges.

#### Guidelines

You must apply to the ELRC office, located at 455 Boot Rd. Downingtown, PA 19335 to see if you meet the guidelines for the subsidized child care program.

The following are the basic guidelines:

- You must live in Pennsylvania
- · Have a child or children who need child care while you work or attend an education program
- · Meet income guidelines for your family size
- · Work 20 or more hours a week or-
- · Work 10 hours and go to school or train for 10 hours a week
- Have a promise of a job that will start within 30 days of your application for subsidized child care
- · Teen parents/guardians must attend an education program
- The child who needs care must be a citizen of the United States or an alien lawfully admitted for permanent residency
- · Have proof of identification for each parent or caretaker in the home.

## PROGRAM TERMINATION/WITHDRAWAL

A fifteen (15) day written notice to the Before & After School Enrichment Director and the Childcare Admin Team, in addition the completion of the **Youth Program Change** form is required to withdraw your child. Without written notice, a financial charge of one month's tuition will be assessed. Re-enrollment is not guaranteed and is based on ratio limitations as required by the Department of Human Serivces.

## LATE PICK-UP

Child care is available until 6:00 pm. If you are going to be late picking up your child, please arrange to have an emergency pick-up person arrive by 6:00 pm and call the School Age Program Site to inform the teachers of your emergency.

A late fee of \$5.00 for pickup one to five minutes past program end time, and \$1.00 per minute thereafter will be charged for pick-up after 6:00 pm.

The Center teachers will attempt to contact the parent(s) of any child who has not been picked up by closing time. If parents/guardians are unreachable, teachers will begin contacting the person(s) authorized to pick up the child. If teachers is unable to reach anyone for a period exceeding thirty minutes, we will contact local authorities, including the PA State Police Department Police Department and the Department of Children, Youth & Families.

## **PROGRAM CHANGES**

We request a minimum of two weeks' notice, for all program changes. This includes adding or dropping the number of days you are enrolled in the program or adding or dropping an option, such as Y-Days, Before Care or After Care. Please contact your director with questions about this policy.

#### SNACKS/FOOD POLICY

The YMCA may provide a light afternoon snack each day for the children. You are encouraged to send additional snacks and water, **no peanuts or tree nuts** during BASE please. If your child has any dietary restrictions please record them on the Emergency form and inform all YMCA teachers not familiar with your child's special needs. Please also request an Allergy Action Plan if your child has allergies, to complete and return. (See **Allergies** section below)

#### **NUT-FREE POLICY**

We recognize food allergies can cause serious, life-threatening conditions for some children in our childcare program.

Our nut free policy dictates that no food will be permitted during our program operational hours, if it contains tree nuts, peanuts or peanut butter in the ingredients or indicates they were manufactured in a plant using nuts.

To further reduce the risk of exposure, children will be required to wash their hands upon arrival and any time after eating. All childcare teachers will follow the same rules as the children in regard to food ingredients and hand-washing.

The Y believes the health and safety of our children is a collaborative partnership with our families involving prevention, education, communication and the development of food allergy action plans for all children with allergies. We thank you for helping to keep all children safe at the YMCA.

## HOMEWORK HELP

Homework/Quiet Time is a component of the program. Children will be asked to work independently or engage in a quiet activity during that time. Teachers will assist students with homework as able; however one-on-one tutoring/read aloud is not a component of the program structure. Due to students' independent initiative, ability and volume of homework, full completion of homework cannot be guaranteed and parents/guardians should review all work at home with their child.

## **HEALTH/ILLNESS**

We ask that you keep your child at home if they are sick. Many communicable diseases start with cold-like symptoms. The YMCA asks to be informed of the nature of any illness, especially when it is communicable to others. If, at any time, the teachers feels that your child is too sick to remain in the program, you will be called. You, or someone you designate who is authorized in your child's registration information for pick up, must pick up the child within one hour of receiving the phone call. This policy is for the safety of all of the children and the teachers.

Your child should not be sent to childcare, and will be sent home, if any of the following conditions are apparent:

- A temperature of 100.3 degrees or more within 24 hours
- Vomiting or diarrhea
- Rash (if cause is unknown)
- Suspected communicable disease
- Severe cold with fever, coughing, unclear mucus
- Bronchitis or other throat infections such as strep
- Nits or lice in hair
- Conjunctivites or Pink Eye prior to 2 doses of medication.
- Test positive for COVID-19

Parents/guardians, please notify us within 24 hours if your child has a communicable disease, such as chicken pox, pink eye, strep throat or lice so that we can inform other parents/guardians and teachers and to maintain state compliance for licensed programs. Your child is welcome back to the program after 24 hours of required absence, with a note from the dorctor or reasonable evidence of recovery.

A full list of inclusions/exclusions standards, due to illness, may be found at *Caring for our Children, National Health and Safety Performance Standards for Early Care and Education Programs.* <a href="https://nrckids.org/CFOC/Database/3.6.1.1">https://nrckids.org/CFOC/Database/3.6.1.1</a>

#### MEDICATION POLICY

A copy of a doctor's order (prescription) and a completed medication form must be submitted prior to the administration of **all** medications. All <u>prescription medication</u> must be in its original container with the pharmacy label intact, with your child's name, dosage, doctor's name and phone number, date the prescription was filled, expiration date and specific instructions for administering and storing the medication. You may want to ask your pharmacist to divide the medication into two bottles; one to be kept at home and one to be kept at school.

Allergy medicines must be provided and must follow the same guidelines as listed for prescription medication. allergy medications should be kept on site and travel with students as they go outside or leave the regular program area.

Over the counter medication will only be accepted if it's in its original container. Parents/guardians must provide detailed information on dosage from a physician.

## **ALLERGIES**

When filling out the emergency contact/parental consent form, please be sure to specify if your child has any food or materials (i.e. latex) allergies. An Allergy Action Plan must be completed by the pediatrician and the parent prior to the YMCA providing care to your child. The form is available on ePact. All necessary medications must be provided along with the allergy action plan (i.e. Epipen or Benadryl). It is our policy that if your child is prescribed an Epipen and it is used in response to an emergency situation, paramedics and parents/guardians will be notified immediately.

## MEDICAL EMERGENCY PROCEDURES / EMERGENCY PLAN

In case of an accident, the following emergency procedures will be followed:

1. A teacher will administer immediate, basic first aid. 911 will be called if needed. 911 is called for all serious neck/head injuries. A teacher will accompany the child to the hospital and stay until a parent or guardian arrives.

2. A teacher will contact the parent if immediate medical care is necessary.

Please note that YMCA teachers do not always have access to the school nurses but have been trained in first aid and emergency procedures and are prepared to handle issues should they arise.

Information regarding the accident will be recorded. Any necessary forms will be completed by YMCA teachers and forwarded to you for your signature.

All YMCA teachers are trained on the individual emergency plan created for each school site. This plan accounts for weather emergencies as well as emergencies that can arise based incidents. Teachers and students will practice a non fire emergency at least one time each year and fire drills are practiced each month.

Parents may review the emergency plan that is posted at the school site as required by DHS

#### **ACCOMODATIONS**

The YMCA of the Greater Brandywine strives to provide programs that include children with abilities. Our goal is to provide high quality programs and highly qualified teachers to enable your child to have a fun, successful, and enjoyable learning and social experience. We welcome the opportunity to discuss a care plan for your child. For School Age Programing, where children are in a school setting, toileting must be independent practice for all children attending Before and After Schoo Care. The YMCA does not have access to additional resources for toilieting help or individual bathrooms.

#### RELEASE OF RECORDS

A request must be made in writing prior to the YMCA releasing any records. In order to fully protect your child's privacy we will not accept faxes. Requests for the release of records will only be granted to persons/caregivers registering the child for services. Any release of information will be made according to the YMCA of Greater Brandywine operating procedures with regards to business records.

## **DEVELOPMENTAL ASSESSMENTS**

As a DHS licensing requirement and quality initiative, any child in YMCA care for 15 hours or more will be given a child service report/developmental assessment every 6 months, assessing student progress.

## **CONFERENCES**

Conferences are offered to parents/guardians at least twice (2) times per school year. Parents/guardians are welcome to request a conference at any time and are encouraged to communicate with site teachers and Y directors at any time.

## PARENT/GUARDIAN &TEACHER COMMUNICATION

We believe that communication and cooperation between parents/guardians and BASE teachers is invaluable to provide and maintain the highest quality childcare program for your family. **All email/text notifications** 

will be sent out through EPACT so it is very important that the contact information on this site be kept up to date. Please make every effort to read any materials that we either send home from our program or have posted at the site, especially information regarding early dismissals and schedule changes. Each site has a program and schedule information on their Sign In/Out tables. Parents/guardians are also welcome to communicate with the teachers directly, call the site phone to speak to the Site Director, or call the BASE Director at the YMCA, with any questions or concerns. We ask that parents/guardians notify their child's school site directly if they will not be attending on a normally scheduled day. If you prefer to send a note through the school, please send two copies, one labeled for BASE, the second for the office.

#### **CHILD ABUSE**

The Child Protective Services Law of Pennsylvania requires all licensed care givers or any persons in contact with children to report any suspected child abuse to CHILDLINE immediately. Every teacher and employee at the YMCA will comply with this law to protect the health and safety of all the children. Child Line reports are also required if a child reports that they may harm themselves, or others, even if the child is not able to articulate a plan to harm self or others. This is both in compliance with Pennsylvania state law and child care regulations through the department of human services (DHS). Indicating harm to self or others is a warning that a child is in of help and requires immediate action from YMCA employees.

If a parent or guardian is perceived to be under the influence or impaired at time of pick up, teachers will ask for the child to be transported by another approved adult and will contact proper authorities immediately.

#### PERSONAL PROPERTY/ ELECTRONICS

We ask that BASE students refrain from bringing toys, hand-held games, (Gameboys, Nintendo DS), music devices (IPods, MP3 players) and communication devices (IPads, cell phones, etc) to Y-Care. We also ask that if your child has a cell phone, that they do not use it during BASE. Please assist us with this by calling the BASE site phone directly and talking to the BASE teachers instead of calling your child's phone. Texting or use of a camera phone is strictly prohibited, and may result in your child's phone being confiscated.

## YMCA POLICY/BEHAVIOR EXPECTATIONS

The YMCA is a drug, alcohol, smoke and weapons free organization. Possession of illegal drugs, alcohol or a weapon of any kind may result in immediate termination of services and notification to legal authorities. If a parent/pick-up person arrives to pick up a child and it is evident that the person is under the influence we will suggest that they call someone else to pick up. If they are not willing to call someone else, or leave with the child, the police will be notified.

Parents/guardians are also asked if an issue arises with other children or parents/guardians in the BASE program to inform the teachers or director, who will address the situation. Parents/Guardians are required to follow the Core Values of the YMCA and are expected to model appropriate conduct while at the YMCA facilities and school sites.

## YMCA BEHAVIOR GUIDANCE

The YMCA of Greater Brandywine youth development programs provide a safe environment for children to develop a healthy spirit, mind, and body. Developing and displaying positive character values is the foundation of the YMCA mission. We are dedicated to each child thriving and having a successful experience by exposing them to positive role models, implementing reward systems, and promoting respect for self and others.

We understand each and every child is different and responds differently in certain situations. With clear behavior guidelines, we strive to prevent incidents, using redirection, having clear developmentally appropriate rules and expectations, and providing positive reinforcement. If incidents arise requiring a discipline procedure to be utilized, the YMCA will use a progressive discipline model. Progressive discipline refers to increased consequences if a child repeatedly violates rules or becomes harmful to themselves or others.

Behavior standards are broken into three categories, Minor (Level I), Major (Level II) and Critical (Level III). Each category carries its own series of consequences. Below you will find the definition of the categories.

LEVEL I	LEVEL II	LEVEL III
Disrespect (towards	Inappropriate Language	Fighting
teachers/peers)		
Disruptive Behaviors	Spitting	Biting
Excessive Horseplay	Property Destruction	Harassment, Intimidation, or
		Bullying
Repeatedly not following	Threatening	Leaving assigned program area
directions/program rules	comments/gestures	(without permission)
	Teasing	Severe aggression, causing harm
		to teachers/peers
	Physical Aggression (EX:	
	pushing, tripping, hitting,	
	kicking, etc.) that is	
	repeated/targeted towards	
	peers or teachers	

Behavior that conflicts with essential YMCA core values (Respect, Responsibility, Caring, & Honesty) will be addressed in a nature appropriate to the disruptive behavior, and is at the discretion of the trained YMCA teachers and directors. Children who are suspended from the school district for in or out of school suspension may not attend before or after care on those days.

#### BEHAVIOR MANAGEMENT

Listed below are the steps utilized by our teachers when behavior expectations are not met

- a. Verbal warning given: reminder of rule/expectation.
- a. Child is provided time to refocus. A child may also complete a refocus form that can be shared with parents/guardians identifying the behavior, the feelings a child had while participating in the behavior and outlining how they can meet the expectation in the future. Parents/Guardians will be notified of the incident and can review the forms.
- b. If repeated behavior occurs, a parent conference with teachers, parents/guardians, and if appropriate the child should be held. Followed by a written summary of the meeting. At that time it may be requested that parents/guardians complete a release of information request. This information release

- will allow the school district teachers and other providers to offer input to assist the YMCA team with information, records and plans to help the individual child to experience increased success.
- c. Should behaviors continue, the program director and if warranted the Behavioral support team, may complete observations, assessments and require additional conferences. Child, parent and teachers may create a written contract agreeing to acceptable behavior and alternative solutions, and consequences if behavior does not improve. Sr. Association Director of BASE Programs and Behavior Analysist are also notified of incident and may attend the meeting(s).
- d. If inappropriate behavior continues, a child may be suspended from the program for anywhere from one day to one week. A parent conference with program teachers, program director, and Association Behavioral Specialist will be required prior to return to the program.
- e. Prolonged disruptive and inappropriate behavior will result in dismissal from programs at the YMCA of Greater Brandywine.
- f. If a child has in place through the school or alternate agency, an IEP or other Care plan and this is not provided to the BASE team, there may be a pause in care that can be offered to allow for review of the plan in place and to properly train the YMCA teachers on how to best implement the plan or goals. It is most important that parents share all information prior to the start of the program.

In extreme cases, a child's behavior may warrant immediate suspension or expulsion from the program. This would be reviewed by the YMCA team of senior leaders, executive director and Behavior Anaylist team and communication would come from the director and senior leadership.

It is the responsibility of the YMCA to ensure each child's right to achieve their goals within the program environment.

Parents/guardians are advised of behavior issues and concerns through written communication that the site teachers will share with parents/guardians upon pick up, and/or verbal communication via phone as needed. Parents/guardians should also expect to receive positive feedback either verbally or written during their program time as well. This communication occurs typically at pick up and will include a connection to the YMCA Core Values and expectations that the child has demonstrated during their time in the program.

A child will NOT be expelled if a child's family:

Made a complaint to the Office of Licensing regarding a center's alleged violations of the licensing requirements

- Report abuse or neglect occurring at the center
- Question the center regarding policies and procedures

## FIELD TRIP BEHAVIOR

The YMCA rules, expectations, and behavior guidelines also apply to field trips. Should a child not follow the behavior guidelines while on a field trip the site team may contact parents/guardians to pick up from the field trip location. It is imperative that we are able to maintain a safe environment for all children especially when away from the YMCA premises. Children who are unable to manage expectations while on a field trip may not be able to join on subsequent trips.

## SCHOOL DELAYS AND CLOSURES

YMCA Childcare Closed Days:

Labor Day, Thanksgiving, Friday after Thanksgiving, Christmas Eve, Christmas Day, New Year's Eve, New Year's Day, President's Day(for all teacher training), Memorial Day and Labor Day. (June 19<sup>th</sup> and July 4<sup>th</sup> are closed days for programing that might fall outside of the typical school year) Please review the YMCA Childcare calendar for more information or additional days. State mandated training hours may require additional closure days for BASE programs. Notification of at least two weeks would be provided to families should additional closure days be scheduled.

## EARLY DISMISSAL DAYS (SCHEDULED)

Early Dismissal days are scheduled and must be registered for by participants of the BASE program. Registration takes place on the YMCA website under the specific school / district where the child attends. Parents/guardians are encouraged to register for these days as soon as possible to ensure space is reserved. Space for these days can be limited due to required ratios. Parents/guardians should contact their director with questions or to be added to a waitlist for these days. Fees associated with early dismissals are located on the registration page at <a href="https://www.ymcagbw.org">www.ymcagbw.org</a>

## EARLY SCHOOL DISMISSAL (UNSCHEDULED)

YMCA care will close when school closes. All children should have an emergency dismissal plan on file with the school. This plan should include arrangements for your child to get home directly after school. We will not start our Aftercare programs or stay open when the school closes. Your child cannot be bussed to the YMCA; please do not include the YMCA as part of your emergency dismissal plan. \*please contact your director with specific questions or if your location has an abridged unscheduled dismissal plan.

## AFTER-SCHOOL ACTIVITIES CANCELED

YMCA care will make every effort to stay open until at least 4:30pm when the School District cancels after school activities due to inclement weather. However, there may be times when we will need to close the program for the day based on School District and Y Administrative safety considerations. Please remember that we are guests in the schools.

## SCHOOL DISTRICT DELAYS EMERGENCY/INCLEMENT WEATHER

YMCA programs operating at school sites will delay opening in equal increments to the school district opening. They YMCA must coordinate with the district to ensure that parking lots and sidewalks are clear prior to welcoming students to school sites during delayed openings.

If the district calls for a two hour delay, the YMCA program will also have a 2 hour delay to our regularly scheduled opening time. (Example: 7am program would start at 9am to provide an equal 2 hour delay) Should the district close the schools after first calling for a 2 hour delay, YMCA children will need to be picked up with in 1 hour of the change in opening. The YMCA can not bus students to an alternate location during inclement weather.

## Y-DAY (NON SCHOOL DAYS)

The Y-Day Program is a full day program that provides care for students during teacher planning days, winter break, spring break, and some holidays The hours of this program are **7:00 AM to 6:00 PM.** These days are scheduled and include special activities. Parents/guardians must register for Y Days as participants of the BASE program. Registration takes place on the YMCA website under the specific school / district where the child attends. Parents/guardians are encouraged to register for these days as soon as possible to ensure space is reserved. Space for these days can be limited due to required ratios. Parents/guardians should

contact their director with questions or to be added to a waitlist for these days. Fees associated with Y DAYS are located on the registration page at <a href="https://www.ymcaqbw.org">www.ymcaqbw.org</a>

Due to special activities that children may be able to enjoy on Y Days we ask the following:

#### Children must have:

- Sneakers or closed toes shoes that are appropriate for running and playing outside and inside.
- Lunch and snacks and a beverage all items must be labeled with the child's name first and last! (we are a nut free facility please pack accordingly) thank you!
- Water container labeled with their name, that can be refilled through out the day
- Bag to carry items needed for the day and any items a child may make that they want to bring home labeled with their name.
- If requested a swim suit and towel and other related swim items all labeled with their name.
- Change of clothes (as needed)
- Weather appropriate items like sunscreen, hats gloves, all labeled.
- Please DO NOT bring toys/pokemon from home, cell phones, or electronic phone enabled watches –
  as these items can be lost stolen or damaged and can interfere with the fun planned events of the
  day.
- It is the responsibility of the parent to escort the child to the appropriate location, sign the child in, and wait to be acknowledged by the teachers person in charge before leaving. Children who are dropped off outside the building or left in the lobby will not be allowed to join our program.
- A parent/guardian or authorized designee must sign their child in/out daily.
- Vending machines are off limits during program hours.

## Y-DAY EMERGENCY/INCLEMENT WEATHER

Should the district close for inclement weather, the YMCA will determine the safety of holding care based on storm predictions and ability to have teachers report to the YMCA due to road conditions. Parents/guardians will be notified regardless of ability to open for a Y Day or not. Should the YMCA host an inclement weather Y Day, a notification will be sent, sharing information regarding the location for drop off and pick up, the times care will be open, and the needs or items students should have with them. If the YMCA has to close due to weather condition changes, parents/guardians will be required to pick up children promptly from the YMCA. Attendance will be taken and the child's account is charged for any inclement weather Y days. Parents/guardians with questions about these days should contact their director.

If the school district is requiring children to log into technology to complete work during the school day the YMCA will not complete these items during the Y day. This must be completed at home.

The above list of items applies to emergency Y days.

#### SWIMMING

Swimming is an occasional activity within the Y-Day Program. Parents/guardians should send their children prepared with a swimsuit and towel. All students are swim tested by our YMCA lifeguards prior to entering the pool for their swimming ability level. Life vests are also available and required for children who do not test at a Green Band level. Students may retest at any time if their ability changes. Students may also opt not to swim. In this case they may remain with teachers in the pool area until the swimming activity is over

Swimming options may not aply to all locations

#### COMMUNITY RESOURCES

Child Care Information Services (CCIS) 610-344-5717

http://www.chesco.org/2017/Child-Care-Information-Services-CCIS

Child Care Information Services (CCIS) has been designated as the hub for child care information in Chester County. CCIS manages the subsidized child day care program, which is a Federal and State funded program through a contract with the Department of Human Services, Office of Child Development and Early Learning DHS/OCDEL).

Children's Health Insurance Plan (CHIP) 1-800-986-KIDS (5437)

http://www.chipcoverspakids.com/

CHIP puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in

Medical Assistance.

Medical Assistance Applications: 100 James Buchanan Drive Thorndale Pa 19342

1 888-814-4698 or 610-466-1000

Children, Youth and Families 610-344-5800

http://www.chesco.org/201/Children-Youth-Families

The mission of the Department of Children, Youth and Families is to utilize high quality, comprehensive social services that strengthen the family's ability to provide for the safety and well-being of each child.

Chester County Intermediate Unit (CCIU) 484-237-5000 http://cciu.org/

The Chester County Intermediate Unit various educational, supplemental and support services for ages 3-21. Housing Assistance: Human Services, Inc. – Rental Assistance Program: 610-429-3033, ext. 189

Community, Youth, and Women's Alliance: 610-384-9591\*

Legal Service: Chester County Bar Association: 610-692-1889

Mental Health Services: Chester County Dept. of Mental Health/Intellectual and Developmental Disabilities: 610-344-6265

Warm Line (for non-emergency mental health calls): 866-846-2722

Holcomb Behavioral Health: 610-363-1488 Creative Health Spring City Pa 610-948-6490

Community Serivces of Devereux Pheonxville 610-933-8110

Child Guidance Resource Center Coatesville P a 610-383-5635

Core Providers – Communicate Care Behavioral Health 1-888-251-2224 this is the managaged care provider for Chester County – for wrap around services

#### **Other Important Numbers:**

Compassionate Friends (bereaved parents/guardians ): 610-933-2346 Downs Syndrome Interest Group of Chester County: 610-889-0291

Special Kids Network of Pa

Parent to Parent Of Pa

Mothers Against Drunk Driving: 800-948-6233 National Alliance for the Mentally III: 717-238-1514

Parents/guardians, Families, & Friends of Lesbians & Gays: 484-354-2448 Parents/guardians

Parents/guardians Without Partners: 610-383-9830

Women's Resource Center: 610-687-6391

Crime Victims: 610-692-7420

Crisis Intervention (Mental Health): 877-918-2100

Domestic Violence: 888-711-6270

Drug & Alcohol Information and Referral: 866-286-3767 Red Cross Emergency Number for S.E. PA: 215-299-4889 Chester County Aging Services: 800-692-1100, ext. 6350

Chester County CareerLink: 610-384-9393

Chester County Department of Drug and Alcohol Services: 610-344-5630

Chester County Health Department: 610-344-6225 Chester County Dept. of Human Services: 610-344-6640

Chester County Department of Mental Health/Intellectual and Developmental

Disabilities: 800-692-1100, ext. 6265

Chester County District Attorney: 610-344-6801

Chester County Domestic Relations Support Hotline: 800-221-4636

Chester County Library System: 610-280-2600

Chester County Assistance Office (Welfare Office): 888-814-4698 or 610-466-1000

#### **Food and Shelter Serivces:**

Chester County Food Finder Website: Food Finder - Chester County Food Bank

Food Pantry Oscar Lasko YMCA 610-643-9622 Church of the Holy Trinity/Act in Faith: 484-324-8492 West Chester Food Cupboard: 610-344-3175

The Salvation Army: 610-696-8746

St. Agnes Church Day Room: 610-429-0697

Safe Harbor Shelter 610-692-6550 20 North Matlack Street West Chester Pa

Friends Association Homeless Shleter 113 W Chestnut Street West Chester Pa 610-432-3598

Shelter 1156 W Baltimore Pike Kenneett Square Pa 610-444-0400

Good Smaritan Services 104 High Street Phoenixville Pa 19460 888-477-0025 Bridge of Hope Chester County – 610-280-0280 1 North acton Hill Road Malvern Pa Walker house Shelter 1400 Blackhorse Hill Road Coatesville Pa 610-380-0704

For additional resources for shelter and food please contact us at the YMCA 610-643-9622x2157 or contact any of the above numbers, who can provide more information.

#### Wrap Around Services

Core Providers. Contact Community Care Behavioral Health at 888-251-2224 (this is the Managed Care Organization (MCO) for Chester County). The MCO will refer you to a Core Provider for a Life Domain Evaluation.

The Core Providers contact information is listed below for ease of reference:

Community Services of Devereux, Phoenixville: 610-933-8110 Child Guidance Resource Center, Coatesville: 610-383-5635

Creative Health, Spring City: 610-948-6490

Holcomb Behavioral Health: Kennett Square 610-388-7400

Medical Assistance Application:

County Assistance Office Location

100 James Buchanan Dr Thorndale, PA 19342-1121 Toll Free: 1-888-814-4698 Local Phone 610-466-1000

SPECIAL KIDS NETWORK OF PA: The mission of the Special Kids Network is to improve access to services, provide comprehensive information for those seeking to identify services, and to foster the improvement or development of local services for children with special health care needs and their families. They can be reached at 1-800-986-4550 or visit the PA website at http://www.portal.state.pa.us/portal/server.pt/community/special\_kids\_network/1420

PARENT TO PARENT OF PA: The mission of Parent to Parent of PA is to link families of children and adults with disabilities. They can be reached at 1-888-727-2706 or visit their website at http://www.parenttoparent.org/

PaTTAN Publications for Parents http://www.pattan.net/

PA Keys https://www.pakeys.org/

## **STAKEHOLDERS**

We recognize those groups or individuals who are significantly impacted by children and families who are served by our facility or those who have the potential to impact the family. Families are encouraged to participate in building a list of Stakeholders who directly or indirectly impact the health and welfare of our children.

West Chester University	610-436-1000
<b>Delaware County Community College</b>	484-237-6200
United Way of Chester County	610-429-9400
Pediatric Dental Practices Children's Dental Health Associates	610-869-9727
Pediatric Medical Practices CHOP Pediatric Care of Children	610-869-4700 610-594-6440
Pennsylvania State Police (non-emergency) Avondale	610-268-2022



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Subject: Nondiscrimination in Services

**To:** Program Participant Parents/guardians

From: Claudia Aust, Senior Association Director of Before & After School Enrichment & Camp

Admissions, the provision of services, and referrals of clients shall be made without regard to color, race, religious creed, disability, ancestry, age, sex, or national origin (including limited English proficiency).

Program services shall be made accessible to eligible persons with disabilities through the most practical and economically feasible methods available. These methods include, but are not limited to, equipment redesign, the provision of aides, and the use of alternative service delivery locations. Structural modifications shall be considered only as a last resort among available methods.

Any individual and/or their guardian who believes that they were discriminated against may file a complaint of discrimination with:

YMCA of Greater Brandywine	Commonwealth of Pennsylvania
1 East Chestnut Street	DHS Bureau of Equal Opportunity
West Chester, Pa19380	Southeast Regional Office
	801 Market Street Suite 5034
	Philadelphia Pa 19107
U.S. Department of Health and Human Services	Department of Public Welfare
Office for Civil Rights-Suite 372	PO Box 265
Public Ledger Building	Harrisburg, PA 17105
150 South Independence Mall West	
Philadelphia, PA 19106-9111	
PA Human Relations Commission	Bureau of Equal Opportunity
110 North 8 <sup>Th</sup> Street, Suite 501	Room 223 Health & Welfare Building
Harrisburg, PA 17105	P.O. Box 265
	Philadelphia, PA 19107



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## BASE Parent Handbook Receipt Acknowledgement Please return this page with your registration paperwork.

I have received and read the BASE parent handbook. I have also had the opportunity to ask questions regarding these policies. I agree to all of the policies and procedures set forth.

Parent Signature:
Child's Name:
Date:
Please initial that you understand the following policies:
Illness Policy
Behavior Policy and IEP 504 IFSP expectations
Allergy Action Plan
Late pickerminations of services