FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TEST • MARK • PROTECT

14 Years of Age and Younger

The YMCA of Greater Brandywine is committed to ensuring everyone is safe while swimming in our pools. Individuals must participate in a swim test and will be issued a green, yellow or red band. These bands help our lifeguards identify if a child/youth is outside of their swimming ability area.

Color and Level	Ability	Protection/Support
RED – Non-Swimmer	• Cannot enter and exit pool independently • Has not passed yellow level swim test	• MUST stay in shallow end • Five years and under must have parent in water • Must wear life jacket unless parent is providing hands-on support • Six years and older may wear a life jacket with parent on side of pool
YELLOW – Intermediate	• Can enter/exit pool independently AND swim 15 yards freestyle and tread water for 30 seconds.	• MUST stay in shallow end • Five years and under must have parent in water • 6-11 years must have parent on side of pool supervising • 12-14 years without a parent must remain in shallow end
GREEN – Proficient	• Can jump into deep water, tread water for one minute, float on back for 15 seconds, swim 25 yards and exit pool independently	• Five years and under must have parent in the water if in the deep end. Parent can be pool side at shallow depths • Six years and older may swim in any section

- **Parents are responsible for the direct supervision of their children while in the pool area.**
- **Children 11 and under must have a parent in the pool area and possibly in the pool, depending upon swim level and age.**
- **Red bands must wear life jacket OR have physical contact with a parent or guardian at all times.**
- **YMCA staff reserve the right to re-test any swimmer at any time.**